FARNHAM ROAD CLUB

Open 10 Mile Time Trial - incorporating the Ron Wickerson Memorial Trophy **Saturday 19th May 2018 1.00pm**

IMPORTANT NOTICE FOR ALL COMPETITORS

Dear cyclist,

Thank you for entering our time trial. There are two points to bring to your attention:

- 1. All competitors are required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded DNF. There may be a random doping check in place after the event – there will be signs on display near the signing-on/off sheets (see attached).
- 2. There have been ongoing complaints from Bentley residents related to inconsiderate parking in the village at a recent cycling event. In order for cycling clubs to continue to run events from Bentley Memorial Hall we really need your continued help in demonstrating consideration to the Bentley residents. Please can you do the following:
 - Avoid causing extra noise and disturbance e.g. repeated car door slamming, turbo training near houses, talking loudly etc.
 - Park considerately use the memorial hall car park to the maximum, do not park in Hole Lane or London Road (the main road through Bentley), do not block off residents access to their houses. Park south of the cross roads on the verges - see attached map for more information.
 - Observe the Highway Code at all times avoid riding two abreast on narrow sections of road and allow residents to pass quickly.
 - Mind your language!
 - Show consideration and respect for the village residents at all times.

Thanks for helping to maintain the goodwill of the local residents.

John Cooke **Event Organiser** Farnham Road Club Tel: 01252 541473 Mob: 0796 6920595

Email: johncharles.cooke@btinternet.com Website: www.farnhamroadclub.co.uk/

FARNHAM ROAD CLUB

Open 10 Mile Time Trial – incorporating the Ron Wickerson Memorial Trophy Saturday 18th May 2019 1.00pm Course H10/8 START SHEET

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Event Secretary

John Cooke, 30 Salisbury Road, Farnborough, Hampshire, GU14 7AL

Tel: 01252 541473 Mob: 0796 6920 595

Event Headquarters

Bentley Memorial Hall, 2 Hole Lane, Bentley, Hampshire, GU10 5LP – Numbers and signing on at the hall, allow 10 minutes to reach the start. Numbers can be exchanged for refreshments after the race.

Timekeepers

Ian Thomas, Farnham RC Kathy Collard-Berry, ...a3crg

OS Ref		Distance
796442	START at a point in the lead out onto the A31 from the lay-by on the South side at the commencement of the Bentley by-pass, approximately 800 yards West of the Bull Public House on the North side of the A31 and 5 yards beyond the last but one drain grating and 25 yards short of the large road direction sign marked "BENTLEY 1/2m"	0.000
736403	Proceed (care) to join the A31 and continue to go Westwards along the Bentley by-pass through Froyle to the Holybourne roundabout (Turn)	4.702
802443	Circle the roundabout (M2, M3, M4) and take the third exit back on to the A31 to retrace, going through Froyle and along the Bentley by-pass to a point 10 yards beyond the concrete end of a water culvert on the North side and 63 yards short of the Gravel Hill Road minor crossroads and 163 yards short of The Bull to where FINISH	10.000
	(Distance between start and finish is 697 yards)	

How to get to the start from the Race HQ (Approx 15 minutes riding time):

From Bentley Memorial Hall, turn left and proceed along London Road (North East) until joining the A31 via a slip road – **CAUTION POT HOLES ON SLIP ROAD**. Follow the A31 east for half a mile to the junction (minor cross roads) just before the Bull PH. Turn right with **GREAT CARE** – across the dual carriageway – and retrace along the A31 for approx. 400yds to the lay-by (start point). When you have finished the event turn across the dual carriageway at the next available opening with **GREAT CARE** and proceed along the A31 past the start point for half a mile to the slip road leading to Bentley. Turn right at the T junction – proceeding over the A31 towards Bentley Memorial Hall. **ONLY CROSS THE DUAL CARRIAGEWAY WHERE PROVISION HAS BEEN MADE IN THE ROAD SYSTEM.**

See Overleaf for important safety information about the course and details of prizes

Important safety information - please take the time to read carefully

The dual carriageway of the A31 reduces to a single lane at a point approximately three miles from the start point. The right hand lane is cross-hatched for a distance of 400yds to finish at a point opposite the Petrol Filling station just beyond the "Hen and Chickens" PH situated on the North side of the A31. Returning from the Holybourne Roundabout on the North side the road reduces to a single lane by road cross-hatching on the right hand lane commencing 200yds before the junction to Mill Court on the south side and finishing adjacent to the "Hen and Chickens" PH on the North side.

Competitors are to act in a manner appropriate to competing on a single lane carriageway whilst within the restrictions imposed by the crosshatched areas.

DC regulations

Restriction of parking at the Start and Finish

LWDC 4 No vehicles, except those of the timekeepers, shall be parked at the start or finish **Reporting of breaches of local Regulations**

LWDC 5 All breaches of Local Regulations shall be reported in writing to the London West District

Local Regulations

H10/8

H10/8-1 Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose

Local Regulations applicable to the use of Bentley Village Hall

No bicycles to be taken into the hall

Shoes with plates or cleats that could damage the floor to be removed before entering the hall Please make sure you use the car park to its maximum. No parking in Hole Lane or London Road - park south of the cross roads on the Westerly verge or other suitable parking places shown on the attached map.

Please park considerately and ensure villagers have sufficient space to exit their drives safely.

Awards:

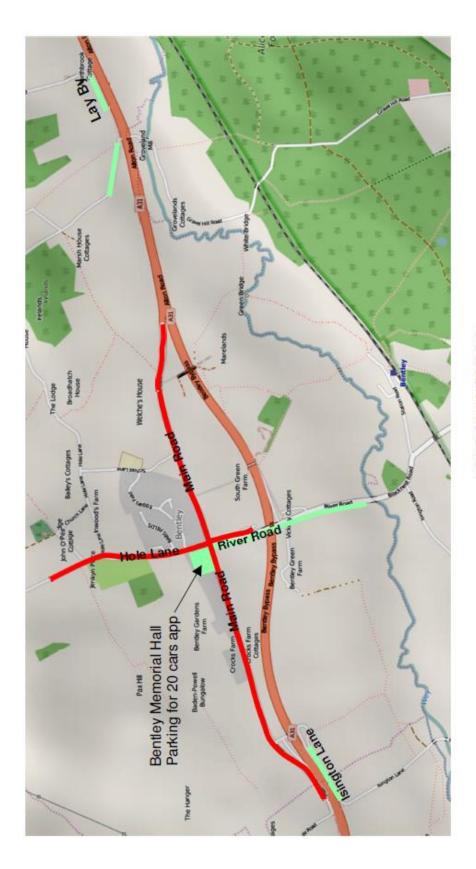
12-18yrs	19-39yrs	40-49vrs	50-59 ¹	vrs 60-	-69vrs	70-79yrs	80+vrs
Age category	prizes: £10 for	fastest in eac	h of the f	ollowing age	groups		
Fastest Wome	en 1 st	£50.00	2 nd	£30.00	3 rd	£20.00	
Fastest Men	1 st	£50.00	2 nd	£30.00	3 rd	£20.00	
Fastest Tande	em 1 st	£20.00					

Ron Wickerson Memorial prize for fastest vet on standard £30.00 in addition to the above

Cycling Time Trials regulations require the use of a hard shell helmet which should conform to international safety standards. Farnham Road Club strongly advise that all bikes are equipped with a working rear light.

		Name		Club/team	Category	Age	
Tanden							
2	13:02:00		Greenstreet	AeroCoach	Veteran	55	
		Rachael	Elliott	Newbury RC	Veteran	41	
4	13:04:00		Butler	Charlotteville Cycling Club	Espoir	21	
		David	Butler	Charlotteville Cycling Club	Veteran	58	
	s Event				_		
6	13:06:00		Fawcett	JAM Cycle Race Team coached by BPC	Senior	29	
7	13:07:00		Walters	Velo Club Godalming & Haslemere	Veteran	51	
8	13:08:00		O'brien	RT PODA	Veteran	58	
9	13:09:00		Young	Serpentine Running Club	Veteran	75	
10			Tinn	Maidenhead & District CC	Veteran	54	
11	13:11:00		Sneddon	TORQ Performance	Veteran	43	
12	13:12:00		Wells	Hounslow & District Whs	Veteran	58	
13	13:13:00		Williams	Ful-on Tri	Senior	38	
14	13:14:00		Clark	Westbury Wheelers	Veteran	60	
15		Anneleen	Bosma	Team LDN	Senior	31	
16	13:16:00		Goddard	Kingston Wheelers CC	Veteran	55	
17	13:17:00	Rachel	Green	Cheltenham & County Cycling Club	Veteran	57	
Mens E							
18			Williams	Farnham RC	Veteran	74	
19	13:19:00		Davies	Addiscombe CC	Veteran	66	
20	13:20:00		Walters	Velo Club Godalming & Haslemere	Veteran	54	
21	13:21:00	Tom	Bowering	ActiveEdge Race Team P/B Cooper/BMW Inchcape	Senior	24	
22	13:22:00		Pearson	Pearson Cycling Club	Veteran	41	
23	13:23:00		Dowden	Hampshire Road Club	Veteran	61	
24	13:24:00		Froud	Festival Road Club	Veteran	79	
25	13:25:00		Houghton	Brighton Excelsior CC	Veteran	47	
26	13:26:00		Tadros	trainSharp	Junior	17	
27	13:27:00		Carver	North Hampshire RC	Veteran	53	
28	13:28:00		James	Maidenhead & District CC	Veteran	53	
29		Barrington	Day	Fareham Wheelers CC	Veteran	81	
30	13:30:00		Church	In-Gear	Veteran	53	
31	13:31:00		Jones	Bynea Cycling Club	Veteran	45	
32	13:32:00		Sellars	London Phoenix CC	Veteran	47	
33	13:33:00		Galbraith	JAM Cycle Race Team coached by BPC	Senior	31	
34	13:34:00		Lloyd	Farnham RC	Veteran	58	
35	13:35:00		Robinson	Crawley Wheelers	Veteran	47	
36			Mellor	Mapperley CC	Veteran	41	
37	13:37:00		Harrison	North Hampshire RC	Veteran	43	
38	13:38:00		Cosgreave	Farnborough & Camberley CC	Veteran	61	
39	13:39:00		Morris	VTTA (London & Home Counties)	Veteran	76	
40	13:40:00		Bailey	Hillingdon Slipstreamers	Junior	16	
41	13:41:00		Stagg	Hounslow & District Whs Cotswold Veldrijden	Veteran	48	
42 43			Wright Gonzalez		Veteran	55	
43				South Western Road Club Farnborough & Camberley CC	Veteran	51	
44			Salmond Brown	trainSharp	Veteran Veteran	47 48	
45 46			Stone	North Road CC	Senior	38	
46	13:46:00		Davis	Farnborough & Camberley CC	Veteran	61	
48			Drabble	WORX Factory Racing Powered by Silverstone	Juvenile	14	
49			Dodsworth	Sigma Sports	Senior	35	
50			O'sullivan	Teddington and Turing Velo	Veteran	44	
51	13:51:00		Suhovs	Paceline RT	Senior	36	
52	13:52:00		Lord	Brighton Excelsior CC	Veteran	66	
53			Cosgrove	VTTA (London & Home Counties)	Veteran	52	
54			Horsfield	Redmon CC	Veteran	68	
55			Cadman	Hounslow & District Whs	Senior	32	
56			Barton	Worthing Excelsior CC	Veteran	58	
57	13:57:00		Payne	Maidenhead & District CC	Veteran	58	
58	13:58:00		Wright	Velo Club Godalming & Haslemere	Veteran	47	
59			Jolliffe	New Forest CC	Veteran	66	
	10.08.00	NUDELL	JUILLE	Royal Air Force Cycling Association	veleidii	00	

Time	No	Name		Club/team	Category	Age
61	14:01:00	John	Hale	WORX Factory Racing Powered by Silverstone	Senior	31
62	14:02:00	Nolan	Heather	Worthing Excelsior CC	Veteran	43
63	14:03:00	James	Horan	South Downs Bikes / Casco Pet	Veteran	49
64	14:04:00	Ollie	Smith	Sigma Sports	Senior	23
65	14:05:00	Dave	Dawkins	Portsmouth North End CC	Veteran	49
66	14:06:00	Mike	O'gorman	Worthing Excelsior CC	Veteran	67
67	14:07:00	Jason	Davies	Royal Air Force Cycling Association	Veteran	47
68	14:08:00	Ronnie	Stone	Islington Cycling Club	Veteran	46
69	14:09:00	Vernon	Schutte	Farnborough & Camberley CC	Veteran	65
70	14:10:00	Felix	Wilkinson	Velo Club Montpellier	Senior	22
71	14:11:00	Richard	Moore	Velo Club Godalming & Haslemere	Veteran	47
72	14:12:00	Matt	Robinson	Westbury Wheelers	Veteran	42
73	14:13:00	Joe	Graystone	Cowley Road Condors CC	Veteran	44
74	14:14:00	John	Allen	Redmon CC	Veteran	59
75	14:15:00	Peter	Tadros	trainSharp	Veteran	48
76	14:16:00	John	Dowling	Hemel Hempstead CC	Veteran	62
77	14:17:00	Chris	Jolliffe	Crawley Wheelers	Veteran	61
78	14:18:00	James	Cheeseman	N+1 - Lindfield Coffee Works	Senior	33
79	14:19:00	Brian	James	Brighton Mitre CC	Veteran	88
80	14:20:00	Nick	English	AeroCoach	Veteran	40
81	14:21:00	Roderick	Macfadyen	Reading CC	Veteran	58



LONDON WEST DC

Please park considerately

on these roads

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate

Please DO NOT PARK on these roads

This event may be subject to a Doping Control

It is your responsibility to check

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

Remember, it is up to you to check and ensure that you comply

If required you must report to Doping Control after finishing without delay



